

# Essential Oils for Natural First Aid

Thursday, July 13 @ 6pm



**Bug bites, sunburn, muscle aches, injuries, and digestive issues can all be handled naturally when you're outdoors this summer!**

Learn how to stay healthy and strong for your adventures in this free 1 hour workshop taught by Jenni Hulburt, wellness coach and essential oil educator.

**NATURAL OPTIONS GROVE CITY  
209 S BROAD ST. GROVE CITY, PA 16127**

**REGISTER BY JULY 12 | CALL (724) 458-5522**