

# Two Essential Oil Workshops

**Date:** Sunday, March 12, 2017  
**Location:** Finger Lakes Acupuncture Associates  
1212 Trumansburg Rd, Ithaca, NY  
**To Register:** call 607-319-0888 (*space is limited*)

## **Essential Oils for Holistic Cancer Support 12-2 pm**

Essential oils can be used by cancer patients as supportive care for well-being, along with other complementary and standard treatments. In this 2-hour workshop, wellness coach Jenni Hulburt will teach you about natural solutions for common challenges for cancer patients and their families, including: fatigue, mood and emotions, occasional nausea, muscle aches and tension, sleep, and more. You'll also make and take home a custom essential oil blend. Workshop includes essential oil usage guide, sampling of essential oils, a custom essential oil blend, and a special offer on starter kits.

**Cost: \$20**

## **Introduction to Natural Health with Essential Oils 3-4 pm**

In this **free** 1-hour workshop with wellness coach Jenni Hulburt you'll learn about pure therapeutic grade essential oils as a safe and natural option to your health and well-being. From sleep & mood, to digestive & immune support, to metabolism, and natural cleaning - essential oils are the preferred way for health-conscious people to stay well and get well. Class includes: educational handout, essential oil sampling, and special offer on a starter kit.

### **About the Instructor:**



Jenni Hulburt is a wellness coach with a Bachelor of Science Degree in Exercise Science, and Master of Science degree in Sport Psychology. She has used essential oils for nearly a decade, and is a top wellness leader with doTERRA nternational. She regularly teaches holistic health classes and workshops nationwide, educating and leading thousands of people in a lifestyle of natural health. As a participating provider in the University of Pittsburgh's Medical Center's Integrative Oncology Program, she trains nurses to use essential oils in patient care to support their well-being, and offers educational consults to cancer patients who are seeking ways to enhance quality of life.

Learn more at [www.jennihulburt.com](http://www.jennihulburt.com).